

**WESTERN CARDIOLOGY ASSOCIATES**

**301-740 Hillside Ave  
Victoria, B.C. V8T 1Z4  
Telephone 250 595-1551  
Fax 250 595-6793 / 250 595-1000**

**Date:**

**\*\*\*ECHOCARDIOGRAM CONFIRMATION\*\*\***

**\*\*\*This notice is confirmation of your echocardiogram date \*\*\*  
Please do not call our office to confirm**

**If you can not attend this appointment please call 250-519-1550 (hospital booking line)**

**You have an appointment for an:**

<input type="checkbox"/> Echocardiogram	RJH or VGH	<input type="checkbox"/> RJH	<input type="checkbox"/> VGH
<input type="checkbox"/> Stress echo	RJH Only	<input type="checkbox"/> Bike	<input type="checkbox"/> Tread
<input type="checkbox"/> Dobutamine stress echo	RJH Only		

**DAY:**

**TIME:**

<b>Royal Jubilee Hospital</b>	<b>Victoria General Hospital</b>
Echocardiography Department 3rd Floor, D&T Building 1952 Bay St., Victoria, BC	Medical Imaging Department Main Floor, <b><u>use phone on wall as instructed</u></b> 1 Hospital Way, Victoria, BC

	<b>Exam time</b>	<b>Preparation</b>
<b>Echocardiogram</b>  This is the most common type. Views of the heart are obtained by moving the ultrasound probe to different locations on your chest or abdominal wall.	30-45 minutes	<ul style="list-style-type: none"><li>• Take your usual medication unless your doctor tells you not to.</li><li>• Check in <b><u>15 minutes</u></b> prior to appointment.</li></ul>

	<b>Exam time</b>	<b>Preparation</b>
<p><b>Stress echocardiograms</b></p> <p><u>Bike / Tread</u>: During this test, an echocardiogram is done both before and after you exercise.</p> <p><u>Dobutamine</u>: During this test, an echocardiogram is done both before and after you are given an injection a medication (Dobutamine) that makes your heart beat harder and faster.</p>	30-45 minutes	<ul style="list-style-type: none"> <li>• Do not take beta blockers and calcium channel blockers medication on the day before and on the day of the procedure, unless instructed otherwise by your physician.</li> <li>• Do not eat or drink <b>2 hours</b> before the test.</li> <li>• Wear comfortable clothing, including loose fitting underwear and good walking shoes.</li> <li>• Check in <b>15 minutes</b> prior to appointment</li> </ul>