

GOING HOME

- ♥ If you have an **angioplasty** via your groin you will be discharged the next morning. If it is done via your wrist you may be discharged about 4-5 hours after the time your procedure was begun.
- ♥ If you have an **angiogram** you will be discharged about 4-5 hours after the time your procedure was begun.
- ♥ Follow the discharge instruction sheet that you are given.
- ♥ Because of the arterial puncture and medications **you cannot drive yourself home. You will need to have someone to drive you home** and it is **recommended** that someone stay with you overnight. If you are from outside Victoria you may want to make arrangements to stay in town that first night. You should not drive for 48 hours post procedure.

FOLLOW-UP

- ♥ It is very important for you to have a follow-up appointment with your cardiologist. Please phone the office secretary to arrange this visit.
- ♥ If you are on Metformin you may be asked to not take it for 48 hours, after your procedure. You will need to have your lab work done and checked by your family doctor before restarting it.

RISKS

- ♥ An angiogram or angioplasty may result in problems such as prolonged bleeding from the puncture site, a blood vessel clot, blockage or an infection. These problems are very rare but would require urgent treatment. As well, adverse reactions to medications or x-ray dye may occur. It is advised that you discuss these risk factors and any concerns with your doctor.

INSTRUCTIONS TO GET TO ROYAL JUBILEE HOSPITAL FROM ISLAND HIGHWAY

1. Island Highway becomes Douglas St.
2. Continue down Douglas St. to Hillside.
3. Turn **left** on Hillside Ave.
4. Continue on Hillside to Shelbourne Ave.
5. Turn **right** on Shelbourne Ave.
6. Continue down Shelbourne to Bay St.
7. Turn **left** at Bay St. The hospital is directly ahead; follow the signs for parking directions.

Western Cardiology Associates

PATIENT INFORMATION SHEET

NAME: _____

PATIENT GUIDE FOR CARDIAC CATHETERIZATION PROCEDURES



ADMISSION DATE: _____

TIME: _____

YOUR DOCTOR OR THE OFFICE STAFF WILL:

- ♥ Discuss your procedure with you explaining risks and alternatives.
- ♥ Inform you of the date and time of your procedure.
- ♥ Refer you to the Pre-Admission Clinic for any tests you may require before your admission.

BEFORE YOU COME TO THE HOSPITAL:

- ♥ **Be sure to bring all your medications to the hospital with you in their original containers.** You will take them while you are in hospital as you normally would at home.
- ♥ Depending on your admission time continue with your regular diet having a light breakfast, then **no food**, only water.
- ♥ If you are taking **Coumadin** or **Warfarin**, stop this medication 4 days prior to the day of your procedure. (Your Cardiologist office will contact you with the date for your procedure.) **Continue to take your ASA.**
- ♥ If you have an **allergy to x-ray dye or shellfish** please notify your physician prior to admission.
- ♥ **Please leave all watches, jewelry and valuables at home.**
- ♥ Arrange for an escort to be available to pick you up after your procedure.

Don't drive to the hospital; have someone bring you and pick you up. (The nurse can give them an estimated time to come.)

BEING ADMITTED

- ♥ Please report to the Receptionist at the main entrance of the Royal Jubilee Hospital at the time given to you by office staff.
- ♥ You may be directed to the X-ray Department for a chest x-ray, or to the lab for blood work if they have not already been done.
- ♥ Once you reach the Cardiac Short Stay Unit, you will be admitted by a Registered Nurse who will ask you some questions and take your pulse, blood pressure and temperature.
- ♥ Because you are in a recovery area visitors are only allowed for short periods of time. There is a waiting room nearby.
- ♥ You will watch a video and read an information pamphlet about your procedure. Feel free to ask the nurse any questions you might have.
- ♥ You will be asked to sign a consent form if you have not already done so at the pre-admission clinic.
- ♥ You will be given a hospital gown to wear.
- ♥ The nurse will shave your groin and your wrist.
- ♥ The nurse will start an intravenous. This is to give you fluids for the time that you will not be drinking, and to

add further sedation should you need it.

- ♥ After you have been prepared for your procedure there may be a waiting period before your test is done.
- ♥ You will be given sedation approximately one (1) hour before your procedure.

AFTER THE PROCEDURE

- ♥ You will be taken to the unit.
- ♥ The nurses will check your blood pressure, foot or wrist pulses and your dressing frequently, as well as instruct you on proper positioning .
- ♥ It is important that you do not bend the leg or wrist that the catheter went in to.
- ♥ If you have an angioplasty, via your groin, a small catheter is left in for several hours. You must remain in bed and keep your left leg straight. After the catheter is removed, pressure is applied over the groin for at least 20 minutes, and then a Band-Aid is applied and a sandbag is placed on top. You must remain in bed for a few more hours to ensure the artery is closed.

NOTES
